

# Parenting in a Digital World

Presented by SafeOnline



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## We'll talk about:

- Three Parenting Considerations
  - Public and Permanent (existing issues)
  - Adolescent Development
  - Fourth Dimension of Being (future issues)
- Online Spaces
  - Values and Statistics
  - Gaming and Tips
  - Social Media/Apps and Tips
  - 'Cyberbullying' - Online Drama and Tips
  - Sexting, Online Pornography and Tips
  - Extreme Mean Places Online
- Parenting Ideas and Resources
  - Dialogue
  - What to look out for
  - Monitoring, intervening
  - Boundaries
  - Positive Resources



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## Three Parenting Considerations

- Public and Permanent (existing issues)
- Adolescent Development
- Fourth Dimension of Being (future issues)



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## Online Spaces

- Values and Statistics
- Gaming and Tips
- Social Media/Apps and Tips
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- Sexting, Online Pornography and Tips
- Extreme Mean Places Online



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## Gaming Tips

- Use in game reporting buttons to report Trolls
- Block players who harass you
- Play age appropriate game to avoid Adult Content
- Play just with your 'off line' friend in guilds or teams



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## Social Media Tips

- Check out your online presence and monitor it
- Be the authentic to your offline self, online
- Don't connect all your accounts
- Be 'real' and compassionate online
- Nurture offline relationships, activities and purpose
- Don't sleep with your device



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## Online Drama and Cyber Abuse Tips

- Show Compassion
- Block and Walk Away
- Flame Wars and Trolling
- If You Make a Mistake
- Seek Out Support
- Document and Report it
- Right to Feel Safe
- Legal Remedies



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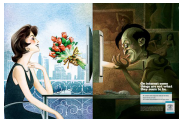
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## Sexting Safety Tip

- ★ Don't create intimate images
- ★ Don't ask anyone for an intimate image
- ★ Someone who loves you and understands what they are asking for, wouldn't ask for a pic
- ★ Don't ever ask someone you love or care about for an intimate picture



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## Parenting Ideas and Resources

- Dialogue
- What to look out for
- Monitoring, intervening
- Boundaries
- Positive Resources



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## General Tips and Tricks and Resources

- How to approach online issues
- Reporting concerns
- Family online use agreements
- Sleep, bedrooms and tech
- Positive examples
- Role model good values



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## Make Safe Online Choices

- Everything online is public and permanent
- Value your privacy and data
- Conduct yourself kindly and compassionately online
- Game with positive, supportive people
- Seek out support for cyber abuse
- Don't take, or allow anyone to take sexual pictures of you



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## Privacy Tips

- Don't share your usernames and passwords
- Pick smart passwords
- If you login on a family, friends' or public device - sign out when you are done
- Don't provide ALL your private\* information
- \*Private = Legal name, full home address, S.I.N., Passport, ID #'s.
- Disable GeoTagging unless you specifically need it



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