# QE Hot Lunch Offerings

### **Mondays**

Subway or Flying Wedge Pizza Carino Catering – sushi (menu below)

#### Calhoun's Menu

## Offered every week:

Baked Chicken Fingers & Baked Fries Macaroni and Cheese (reg or GF) Mini Caesar Salad (side order) Mini Fruit Salad (side order)

Mini Vegetable Sticks (side order)

# Offered in rotation (~5-6 items per week):

Beef Bulgogi on Rice

Beef Chili Cup

Butter Chicken with Rice

Caesar Salad with Grilled Chicken

Cheese Quesadilla

Cheese & Chicken Quesadilla

Chicken Chow Mein

Fried Rice with BBQ Pork

Fried Rice with Chicken (GF)

Grilled Chicken Wrap (reg or GF)

Meat Lasagna

Penne Chicken Alfredo

Penne with Italian Sausage

Perogies (Potato and Cheese)

Sliders – (2 mini burgers with/without cheese)

Spaghetti and Meatballs

Spaghetti with Meat Sauce

Spaghetti with Tomato Sauce (reg or GF)

Teriyaki Chicken with Rice

Teriyaki Vegetables with Rice

Vegetable Wrap (reg or GF)

Grilled Salmon Rice Bowl

#### Wednesdays

Calhouns (menu below)
Carino Catering – sushi & hot items (menu below)

## Caríno Cateríng Menu

# A range of sushí options on Mondays and Wednesdays:

Large combo: California roll (4 pieces), Yam roll (2), Teriyaki chicken roll (2), Cucumber roll (3)

California roll combo: California roll (5 pieces), Cucumber roll (4)

Yam roll combo: Yam roll (5 pieces), Cucumber roll (4)

Teriyaki chicken roll combo: Teriyaki chicken roll (5 pieces), Cucumber roll (4)

### Hot items (offered on Wednesdays)

Lemongrass chicken with rice
Taiwanese meat sauce with rice
Jiang jiang pork with rice
Chicken dumplings with dipping sauce